

# Häagen-Dazs® Matcha Green Tea Ice Cream 14oz

Globe #: 12197088

## Nutrition Facts

About 2.5 Servings per container

Serving size: 2/3 cup (128g)

Average Composition	Per Serving	% DV
Calories	310 kcal	
Total Fat	21 g	27
Saturated Fat	13 g	65
Trans Fat	1 g	
Cholesterol	95 mg	32
Sodium	65 mg	3
Total Carbohydrate	25 g	9
Dietary Fiber	0 g	0
Total Sugars	24 g	
Includes Added Sugars	18 g	36
Protein	5 g	
Vitamin D	0.7 mcg	2
Calcium	150 mg	10
Iron	0.2 mg	0
Potassium	210 mg	4

## Nutrition Facts

Per Container

Average Composition	Per Serving	% DV
Calories	800 kcal	
Total Fat	54 g	69
Saturated Fat	34 g	170
Trans Fat	2 g	
Cholesterol	245 mg	82
Sodium	170 mg	7
Total Carbohydrate	65 g	23
Dietary Fiber	< 1 g	3
Total Sugars	64 g	
Includes Added Sugars	48 g	96
Protein	14 g	
Vitamin D	2 mcg	10
Calcium	420 mg	30
Iron	0.7 mg	2
Potassium	550 mg	10

\* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2000 calories a day is used for general nutrition advice.

CREAM, SKIM MILK, CANE SUGAR, EGG YOLKS, GREEN TEA.

CONTAINS: MILK AND EGG INGREDIENTS.