

Häagen-Dazs® Chocolate Chocolate Chip Ice Cream 14oz

Globe #: 12196954

Nutrition Facts

About 2.5 Servings per container

Serving size: 2/3 cup (135g)

Average Composition	Per Serving	% DV
Calories	380 kcal	
Total Fat	24 g	31
Saturated Fat	15 g	75
Trans Fat	0.5 g	
Cholesterol	100 mg	33
Sodium	65 mg	3
Total Carbohydrate	34 g	12
Dietary Fiber	2 g	7
Total Sugars	30 g	
Includes Added Sugars	25 g	50
Protein	6 g	
Vitamin D	0.6 mcg	2
Calcium	150 mg	10
Iron	1.4 mg	6
Potassium	170 mg	2

Nutrition Facts

Per Container

Average Composition	Per Serving	% DV
Calories	1000 kcal	
Total Fat	64 g	82
Saturated Fat	40 g	200
Trans Fat	2.0 g	
Cholesterol	260 mg	87
Sodium	170 mg	7
Total Carbohydrate	90 g	32
Dietary Fiber	6 g	21
Total Sugars	80 g	
Includes Added Sugars	65 g	130
Protein	17 g	
Vitamin D	1.8 mcg	8
Calcium	400 mg	30
Iron	3.9 mg	20
Potassium	460 mg	8

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2000 calories a day is used for general nutrition advice.

CREAM, SKIM MILK, CANE SUGAR, CHOCOLATE, COCOA PROCESSED WITH ALKALI, EGG YOLKS, COCOA BUTTER, VANILLA EXTRACT.

CONTAINS: MILK AND EGG INGREDIENTS.

MAY CONTAIN SOY.