

Häagen-Dazs® Trio Vanilla Blackberry Chocolate Ice Cream 14oz 12393121

Globe #: 12393121

Nutrition Facts

About 2.5 Servings per container

Serving size: 2/3 cup (124g)

Average Composition	Per Serving	% DV
Calories	360 kcal	
Total Fat	24 g	31
Saturated Fat	16 g	80
Trans Fat	0.5 g	
Cholesterol	75 mg	25
Sodium	55 mg	2
Total Carbohydrate	30 g	10
Dietary Fiber	1 g	3
Total Sugars	27 g	
Includes Added Sugars	22 g	44
Protein	5 g	
Vitamin D	0.7 mcg	2
Calcium	130 mg	10
Iron	1.8 mg	10
Potassium	220 mg	4

Nutrition Facts

Per Container

Average Composition	Per Serving	% DV
Calories	940 kcal	
Total Fat	64 g	82
Saturated Fat	43 g	215
Trans Fat	1.5 g	
Cholesterol	200 mg	67
Sodium	140 mg	6
Total Carbohydrate	78 g	28
Dietary Fiber	3 g	10
Total Sugars	72 g	
Includes Added Sugars	58 g	116
Protein	13 g	
Vitamin D	2.1 mcg	10
Calcium	340 mg	25
Iron	4.9 mg	25
Potassium	590 mg	10

VANILLA ICE CREAM: CREAM, SKIM MILK, CANE SUGAR, EGG YOLKS, VANILLA EXTRACT.

BLACKBERRY ICE CREAM: CREAM, SKIM MILK, CANE SUGAR, BLACKBERRY PUREE, EGG YOLKS, BLACKBERRY PULP CONCENTRATE, NATURAL FLAVOR, CARROT JUICE COLOR, LEMON JUICE CONCENTRATE, BLUEBERRY JUICE COLOR.

BELGIAN DARK CHOCOLATE WITH VEGETABLE OIL: UNSWEETENED CHOCOLATE, SUGAR, COCONUT OIL, SOY LECITHIN, VANILLA EXTRACT.

CONTAINS: MILK, EGG AND SOY INGREDIENTS.