

Häagen-Dazs® Vanilla Ice Cream 14oz

Globe #: 12197257

Nutrition Facts

About 2.5 Servings per container

Serving size: 2/3 cup (128g)

Amounts per Serving	Per Serving	% DV
Calories	300 kcal	
Total Fat	20 g	26
Saturated Fat	13 g	65
Trans Fat	1 g	
Cholesterol	95 mg	32
Sodium	65 mg	3
Total Carbohydrate	25 g	9
Dietary Fiber	0 g	0
Sugars	24 g	
Added Sugars in Compliance to US FDA	18 g	36
Protein	5 g	
Vitamin D	0.7 mcg	2
Calcium	150 mg	10
Iron	0.1 mg	0
Potassium	190 mg	4

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2000 calories a day is used for general nutrition advice.

CREAM, SKIM MILK, CANE SUGAR, EGG YOLKS, VANILLA EXTRACT.

CONTAINS: MILK AND EGG INGREDIENTS.

Nutrition Facts

Per Container

Amounts per Serving	Per Serving	% DV
Calories	800 kcal	
Total Fat	54 g	69
Saturated Fat	34 g	170
Trans Fat	2.0 g	
Cholesterol	245 mg	82
Sodium	170 mg	7
Total Carbohydrate	65 g	23
Dietary Fiber	0 g	0
Sugars	64 g	
Added Sugars in Compliance to US FDA	48 g	96
Protein	13 g	
Vitamin D	2.0 mcg	10
Calcium	410 mg	30
Iron	0.4 mg	2
Potassium	500 mg	10

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