

# Häagen-Dazs® Vanilla Chocolate Chip Ice Cream 14oz

Globe #: 12197264

## Nutrition Facts

About 2.5 Servings per container

Serving size: 2/3 cup (134)

Average Composition	Per Serving	% DV
Calories	370 kcal	
Total Fat	24 g	31
Saturated Fat	15 g	75
Trans Fat	0.5 g	
Cholesterol	95 mg	32
Sodium	95 mg	4
Total Carbohydrate	33 g	12
Dietary Fiber	1 g	3
Total Sugars	29 g	
Includes Added Sugars	25 g	50
Protein	6 g	
Vitamin D	0.7 mcg	2
Calcium	140 mg	10
Iron	0.1 mg	0
Potassium	110 mg	2

\* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2000 calories a day is used for general nutrition advice.

CREAM, SKIM MILK, SUGAR, LACTOSE REDUCED SKIM MILK, CHOCOLATE, CORN SYRUP, EGG YOLKS, COCOA BUTTER, SALT, VANILLA EXTRACT.

CONTAINS: MILK AND EGG INGREDIENTS.

MAY CONTAIN SOY.

## Nutrition Facts

Per Container

Average Composition	Per Serving	% DV
Calories	980 kcal	
Total Fat	63 g	81
Saturated Fat	40 g	200
Trans Fat	2 g	
Cholesterol	250 mg	83
Sodium	250 mg	11
Total Carbohydrate	87 g	31
Dietary Fiber	3 g	10
Total Sugars	75 g	
Includes Added Sugars	66 g	132
Protein	15 g	
Vitamin D	1.8 mcg	8
Calcium	370 mg	25
Iron	0.4 mg	2
Potassium	290 mg	6

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