

Häagen-Dazs® Mint Chip Ice Cream 14oz

Globe #: 12197091

UPC: 000 74570080052

Nutrition Facts

About 2.5 Servings per container

Serving size: 2/3 cup (133g)

Average Composition	Per Serving	% DV
Calories	360 kcal	
Total Fat	23 g	29
Saturated Fat	16 g	80
Trans Fat	0.5 g	
Cholesterol	90 mg	30
Sodium	110 mg	5
Total Carbohydrate	33 g	12
Dietary Fiber	< 1 g	3
Total Sugars	29 g	
Includes Added Sugars	25 g	50
Protein	6 g	
Vitamin D	0.7 mcg	2
Calcium	140 mg	10
Iron	1.1 mg	6
Potassium	110 mg	2

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2000 calories a day is used for general nutrition advice.

CREAM, SKIM MILK, SUGAR, LACTOSE REDUCED SKIM MILK, CORN SYRUP, EGG YOLKS, COCONUT OIL, COCOA POWDER, BUTTER OIL, SOY LECITHIN, NATURAL FLAVOR, SALT, MILK.

CONTAINS: MILK, EGG AND SOY INGREDIENTS.

Nutrition Facts

Per Container

Average Composition	Per Serving	% DV
Calories	940 kcal	
Total Fat	60 g	77
Saturated Fat	41 g	205
Trans Fat	2 g	
Cholesterol	235 mg	78
Sodium	280 mg	12
Total Carbohydrate	87 g	31
Dietary Fiber	2 g	7
Total Sugars	75 g	
Includes Added Sugars	66 g	132
Protein	15 g	
Vitamin D	1.9 mcg	8
Calcium	370 mg	25
Iron	3.0 mg	15
Potassium	290 mg	6

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CONTAINS: MILK, EGG AND SOY INGREDIENTS.