

Häagen-Dazs® Coffee Chip Ice Cream 14 oz

Globe #: 12196493

Nutrition Facts

About 2.5 Servings per container

Serving size: 2/3 cup (129g)

Average Composition	Per Serving	% DV
Calories	340 kcal	
Total Fat	22 g	28
Saturated Fat	15 g	75
Trans Fat	0.5 g	
Cholesterol	85 mg	28
Sodium	75 mg	3
Total Carbohydrate	30 g	10
Dietary Fiber	< 1 g	3
Total Sugars	28 g	
Includes Added Sugars	22 g	44
Protein	5 g	
Vitamin D	0.7 mcg	2
Calcium	140 mg	10
Iron	1.0 mg	4
Potassium	170 mg	2

*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2000 calories a day is used for general nutrition advice.

CREAM, SKIM MILK, SUGAR, POWDERED SUGAR (SUGAR, CORN STARCH), EGG YOLKS, COCONUT OIL, COFFEE, COCOA PROCESSED WITH ALKALI, BUTTER OIL, SOY LECITHIN, NATURAL FLAVOR, MILK.

CONTAINS: MILK, EGG AND SOY INGREDIENTS.

Nutrition Facts

Per container

Average Composition	Per Serving	% DV
Calories	890 kcal	
Total Fat	58 g	74
Saturated Fat	39 g	195
Trans Fat	2 g	
Cholesterol	225 mg	75
Sodium	190 mg	8
Total Carbohydrate	79 g	28
Dietary Fiber	2 g	7
Total Sugars	73 g	
Includes Added Sugars	58 g	116
Protein	14 g	
Vitamin D	1.8 mcg	8
Calcium	380 mg	25
Iron	2.6 mg	10
Potassium	460 mg	8

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CONTAINS: MILK, EGG AND SOY INGREDIENTS.